IAPESGW International Update, May 2019: News and resources from around the world

We want to hear about what you and your related organisations are doing and the information you are producing. You can send your information and news to any member of the executive board for inclusion in the ‘Update’ each month – [view their contacts details](#)

Keep right up to date with our news
We have set up social media accounts to share all our latest news with you:

- You can now follow us on Twitter - [take a look](#)
- We're on Facebook too - [view our page](#)
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*Our next Regional Congress.....*
IAPESGW president Rosa López de D’Amico shares news of three visits she made recently:

ICSSPE annual meeting in Austria - Anneliese Goslin awarded the Philip Noel-Baker Research Award

Between May 15th to 17th took place ICSSPE annual board meeting. It was a very productive meeting with important projects that ICSSPE has in place. It was a great occasion to celebrate the distinction that one of our former Vice-President, Anneliese Goslin. She was awarded the Philip Noel-Baker Research Award; it is the highest recognition of ICSSPE to honour excellence in sport science. This is a recognition to her outstanding academic career; she received it in her humble and quiet attitude but was very emotionally touched by this distinction. It was indeed a very exciting moment for all the ICSSPE board members and staff. It is also important to remember that Anneliese received in 2017 the Dorothy Ainsworth Research Award that is given by IAPESGW.

Congratulations Anneliese!

Visit to Slovakia

On May 14th, Rosa López de D’Amico and Rosa Diketmüller were invited by Prof. Branislav Antala to visit Bratislava (Slovakia) to enjoy a game of the Ice Hockey World Championship that was taking place there and obviously to go to Comenius University. He is FIEP Vice-President for Europe and in this university is the FIEP secretariat office for Europe. We had the great chance to meet the Dean of the Faculty Prof. (Dr) Marian Vanderka, with whom we shared a few thoughts and it is very curious to report that he participated as athlete in the Summer and Winter Olympic Games!
We also had the chance to meet this nice teenager Lucia Antalova, who together with her father Branislav took us to a game of the Ice Hockey World Championship, a very interesting experience. Now, Lucia is a football player member of the football club Slovan Bratislava, she has been five times national champion of Slovac Republic, four times in the category under 15, and once in under 19 so far. She continues playing actively football and in her high school studies in which she is doing pretty well. It was great to meet Lucia and share with her some time!

We appreciate the kind invitation and hospitality received by Branislav Antala. The good relationship that IAPESGW and FIEP have had, still continues for future projects.

Rosa Diketmüller and Rosa D'Amico

Some photographs from the event:

At the entrance of the Faculty  Signing as visitors in the FIEP office

Branislav Antala, Rosa Diketmüller, Rosa D'Amico and Dean Marian Vanderka
A visit to a rural school in Colombia

It was a great pleasure to accompany Dr. Luz Amelia Hoyos and her students from Universidad Pedagógica located in Bogotá (Colombia) to a visit to a rural school in the surrounding towns of Bogotá. They are studying to become Physical Education Teachers and Sport Teachers; the visit to the rural school was part of one of the teacher’s training practice they have to fulfil in one of the courses. They conducted a class to children from 5th and 6th grade; the school is Eugenio Diaz Castro located in El Charquito. On a hill and with a temperature of 15 degrees Celsius they conducted a 90 minutes class in which the school children enjoyed a lot and at the end of the class they wanted to continue playing. The excitement was such that the school teacher and Luz Amelia planned to take the children to the University in the near future, so they could have a different experience! The school is located about 2 hours away from Bogotá.

It was also a nice experience to listen to their feedback at the end of the activity. The university students valued the chance of visiting rural schools and get to know the reality in those schools that are different from the ones they visit in the capital. At the end they gathered to have a well-deserved refreshment and were happy to pose for a photo to be published in the IAPESGW bulletin!
Two more photographs:

May Editorial

Our President, Rosa D’Amico (Venezuela) has been a world traveler this month. You can read her report and see photos about her interesting visits to Austria, Slovenia and Columbia. More travel miles are ahead for Rosa and many of us as the Madrid Regional Congress draws near in July.

I have covered thousands of miles, but in Australia, by car, train and plane, crossing east to west and now south to north, holidaying in tropical far north Queensland, in Cooktown, where Captain Cook landed in 1770 to save his ship that was smashed on the nearby Great Barrier Reef. I am “resting and recovering” after playing masters basketball in Cairns, winning a gold medal with my over 50’s team! I was awarded a prize for being the oldest woman in the competition; most of my team are over 60 and three of us are in our 70’s. Yet the oldest male competitor was only 62!

The sport was good – and its always nice to win all games - but the most enjoyable part is the fun and friendship of being part of a team of old and new friends. It is very special and there are lasting memories when you play something you are passionate about and you share this experience with other likeminded women.

This month’s edition covers news from international sporting federations, plus much more; for example:

- Announcements about international events and conferences in Athens, Seoul and New York
- More coverage of Caster Semenya’s case: she lost her appeal against the IAAF and has since announced she will run longer distances (over a mile) which do not require her to lower her testosterone levels. Breaking news is that she will now appeal again, but to a Swiss court.
- FIG, the International Gymnastics Federation has approved plans to protect athletes from harassment and abuse.
- EU Commission has announced that applications are open for their 2019 Be Inclusive Awards and likewise the ITU (Triathlon) have announced applications are open for their 2019 Awards of Excellence
- In football, UEFA has launched a women’s football strategy for Europe for the first time, to double the number of players in Europe by 2024 and Special Olympics have launched a “Keep Up with the Girls Football” plan
- The WHO have announced guidelines to promote a healthy lifestyle to reduce the risk of dementia and also guidelines for healthy living for children under 5 years
• World Rugby has launched a huge initiative based on the concept that when girls start playing rugby they learn values to make you “Unstoppable”
• FIH (hockey) will establish a Women in Sport Commission
• Nike will end its financial penalties for its sponsored pregnant female athletes
• Look at a breakthrough research publication/survey in sport on European lesbian, gay bi-sexual, transgender and intersex competitors

We cover news from Argentina, Australia, Canada, Egypt, Hungary, South Africa, Spain, United Arab Emirates and the UK: Reframing Sport for Teenage Girls is a very interesting UK approach.

Enjoy reading the May International Update and be active too!

Are you getting your 150 minutes of physical activity each week? I certainly did!

Janice Crosswhite OAM
Communications Director

International

Events....

15th Annual International Conference on Sport & Exercise Science
29-31 July & 1 August 2019, Athens, Greece
Academic Responsible: Dr. Maria Konstantaki, Senior Lecturer, Buckinghamshire New University, UK. You are more than welcome to submit a proposal for presentation.
The final abstract submission deadline is 17 June 2019.
If you need more information, please let me know, and our administration will send it to you, including the link to the website, and abstract submission form. We do hope you can contribute to our academic activities.
View more details

Late alerting you to this - BUT still just time to make young people aware of this opportunity if you act immediately....

2019 UNESCO Sport and the SDGs Youth “Funshop” in Seoul on 5 – 8 September 2019 - apply now to participate
UNESCO is searching for young leaders from Asia and the Pacific to participate in the 2019 Sport & the Sustainable Development Goals (SDGs) youth FUNSHOP: a three-day event specially designed to advance the capabilities of youth activists who are using sport as a tool for sustainable development and peace. Participants in the Funshop will have the opportunity to become members of the UNESCO Youth and Sport Task Force, a vibrant network of young leaders established in November 2017 following the first Sport Funshop held in Manila, Philippines.

Sixty outstanding young leaders from various countries around Asia-Pacific will join the Korean youth to participate in intensive workshops, sport activities and networking events over three days in Seoul, Republic of Korea.

The selected applicants will be the primary Funshop participants and are expected to contribute to all the activities. This includes the core breakout sessions focused on gathering youth perspectives on issues and opportunities that shape the sport for development sector.
Aligned with UNESCO’s Operational Strategy on Youth 2014-2021, the priorities and specific thematic topics to be covered will be decided by the current Task Force members, together with UNESCO.

**Deadline for application is 1 June 2019**

[View more details]

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**Call For Papers: Football Feminism – Global Governance Perspectives**

**The Symposium - The Jean Monnet Center for International and Regional Economic Law and Justice at NYU School of Law will host a symposium on February 24 – 25, 2020 to explore feminist perspectives on global football (soccer) governance and the Fédération Internationale de Football Association (FIFA).**

Last year, FIFA launched a Women’s Football Strategy to “empower the organisation to take further concrete steps to address the historic shortfalls in resources and representation, while advocating for a global stand against gender discrimination through playing football.” This plan for institutional reform, along with the 2019 Women’s World Cup, offers an opportune moment to think critically about the future of world football from various feminist perspectives. The Symposium therefore seeks to explore the system of governance that regulates football around the globe through the lens of gender and to consider what it would mean for global football governance to be feminist.

**The Submission Process**

Both established and early-career legal scholars (including graduate students) are invited to submit proposals to present papers addressing the symposium theme.

Anyone wishing to offer a paper should submit a working title and an abstract of no more than 300 words, along with a one-page CV, by email to michele.krech@law.nyu.edu by July 15, 2019.

The selection of abstracts will be communicated by August 1, 2019.

[View more details]

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**Inside the games reports (1 May 2019)**

**Semenya loses landmark legal case against IAAF over testosterone rules**

Caster Semenya has lost her landmark case against the International Association of Athletics Federations (IAAF), meaning she will have to take medication to reduce her testosterone if she wants to continue running on the world stage.

The Court of Arbitration for Sport (CAS) has been deliberating on what it has labelled one of the most “pivotal” cases in its history and has announced the verdict today.

Semenya, a double Olympic and triple world champion over 800 metres, was challenging the IAAF which had been hoping to bring in new rules on female participation.

The IAAF claimed the South African and other female runners with high testosterone levels, who compete between 400m and the mile, must either take medication or compete against men.

According to the world governing body, this was to create a level playing field but the 28-year-old Semenya and others argued the testosterone in her body was naturally occurring and so to ban her would be unfair.

In October, the IAAF delayed the implementation of the new rules until the proceedings had concluded.
Semenya is by far the most high-profile athlete who the rules will impact.

The case has provided heated debate, with Athletics South Africa (ASA) and the United Nations Human Rights Council both publicly criticising the IAAF.

View the full news item

And...

Inside the games reports (8 May 2019)
IAAF "strongly disagree" with World Medical Association criticism of regulations following Semenya verdict

The International Association of Athletics Federations (IAAF) has hit back at the World Medical Association (WMA) after the organisation called on its members not to administer drugs which lower the level of testosterone in female athletes with differences in sexual development (DSD).

In a letter sent to the WMA, the IAAF said it "strongly disagrees" with the group's concerns about the validity of the regulations, which came into effect today following last week's Court of Arbitration for Sport (CAS) ruling in its case against Caster Semenya.

The rules mean Semenya, a two-time Olympic and triple world champion over 800 metres, and other affected athletes will have to take medication to reduce their testosterone if they want to continue running on the world stage at events between 400m and a mile.

DSD athletes with naturally high levels of testosterone who wish to participate in events between the two distances must medically limit that level to under 5 nmol/L, double the normal female range of below 2 nmol/L.

View the full news item

The letter....

Around the Rings (7 May 2019)
IAAF letter to the World Medical Association

Dear Doctor Leonid Eidelman,

Dear Board Members of the World Medical Association,

Following a request from the South African Medical Association, The World Medical Association (WMA) has called twice on physicians around the world to take no part in implementing the IAAF Eligibility Regulations for the female classification (athletes with differences of sex development).

We would like to bring the following points to your attention.

The DSD regulations only apply to individuals who are:
- legally female (or intersex) and
- who have one of a certain number of specified DSDs, which mean that they have:
  - male chromosomes (XY) not female chromosomes (XX)
  - testes not ovaries
  - circulating testosterone in the male range not the (much lower) female range
  - the ability to make use of that testosterone circulating within their bodies by having functional androgen receptors

The WMA President, Dr Leonid Eidelman, said: “We have strong reservations about the ethical validity of these regulations. They are based on weak evidence from a single study, which is currently being widely debated by the scientific community..."
The IAAF Regulations in this matter are not based on a single study, but on many scientific publications and observations from the field during the last 15 years. All these materials were submitted to the Court of Arbitration for Sport and discussed during the hearing. The Panel has accepted the validity of this evidence and has recently decided to uphold the IAAF Regulations.

View the full letter

Inside the games reports (2 May 2019)
FIG Executive Committee approves proposals to protect athletes and other participants from harassment and abuse
International Gymnastics Federation (FIG) plans to protect athletes and other participants from harassment and abuse have been approved by the world governing body’s Executive Committee.

It was among the main decisions taken over the course of the Executive Committee’s two-day meeting in Saint Petersburg in Russia.

The framework supplements the policy and procedures for safeguarding and protecting participants, the FIG claims.

Its purpose is to help draft a specific plan for an event to minimise the likelihood of incidents of harassment and abuse.

Approval of the framework comes around two months after FIG Athletes’ Commission chairperson Liubov Charkashyna sparked controversy by suggesting some athletes had claimed they had been sexually abused for financial gain.

The FIG Executive Committee member appeared to reference the scandal in the United States, where former USA Gymnastics doctor Larry Nassar was found to have sexually abused hundreds of athletes under the guise of medical treatment.

View the full news item

EU Commission - Sport (7 May 2019)
2019 BeInclusive EU Sport Awards - applications now open

This year, the European Commission will again award organisations recognising the power of sport to improve social inclusion for disadvantaged groups through the 2019 BeInclusive EU Sport Awards. Join us in celebrating excellence in promoting unity and inclusivity.

Your organisation may be working with: ethnic minorities, refugees, migrants, people with disabilities, vulnerable young people; or other disadvantaged societal groups. Tell us how your organisation supports integration through sport!

From 2 May to 23 July 2019, entries will be open for the 2019 BeInclusive EU Sport Awards. Any organisation – public or private, commercial or non-profit – that has successfully implemented a sport project in Europe supporting social inclusion can apply.
Winning projects will be presented to help foster ideas and initiatives among other organisations and individuals across Europe furthering the goal of social integration through sport. The three winners will be announced at a special awards ceremony in November 2019 in Brussels.

View the full news item

Inside the games reports (8 May 2019)
The International Triathlon Union (ITU) Women's Committee is calling for nominations for its 2019 award of excellence.

The committee, chaired by Tomoko Wada, has asked national federations to submit proposals for recipients of the award by May 29.

Nominees are recognised for their contribution towards the advancement of women in sport through triathlon or Paratriathlon.

This year's winner will be revealed at the ITU Congress in Lausanne in August.

View the full news item

Inside the games reports (9 May 2019)
International Gymnastics Federation holds women's leadership forum in Saint Petersburg

A forum designed to encourage female leadership has been held by the International Gymnastics Federation (FIG) as part of the organisation's efforts to improve gender balance.

The inaugural event in the Russian city of Saint Petersburg was attended by representatives from 40 countries.

The FIG claim the two-day forum will help increase the number of women in its decision-making bodies.

One of the FIG's vice-presidents is female, five-time Olympic gold medallist Nellie Kim, and the governing body has also introduced a 30 per cent quota for each gender in its elections for roles within the FIG.

The FIG said its main challenge was to identify and encourage those interested in taking on a governance role.

View the full news item

Inside the games reports (10 May 2019)
World Lacrosse confirm commitment to gender equality by signing Declaration on Women and Sport

World Lacrosse President Sue Redfern has reaffirmed the International Federation’s commitment to furthering opportunities for women and girls to participate in the sport by signing the Brighton plus Helsinki 2014 Declaration on Women and Sport.

The signing took place during SportAccord Summit, where earlier in the week the governing body had launched its new name and logo.
Redfern was joined for the signing by Australian international Sachiyo Yamada and Irina Gladkikh, the International Olympic Committee’s associate director for Olympic Winter Sports Federations, who also works on gender equity matters.

View the full news item

Special Olympics (10 May 2019)
‘Keep Up With the Girls’ on Football Pitches across Europe

‘Keep Up With the Girls’ is a brand new European Union-supported project aimed at getting women and girls with and without intellectual disabilities (ID) involved in football.

Football pitches in 20 countries across Europe are coming alive with activity this summer as women and girls with and without intellectual disabilities (ID) claim their place on the grass as part of the ‘Keep Up With the Girls’ project! From Spain to Slovakia and from Bulgaria to Belgium, Special Olympics sports events—along with the pan-European awareness campaign—aim to show every girl deserves the opportunity to play football.

The ‘Keep Up With the Girls’ awareness campaign is being backed by Special Olympics Global Ambassadors Didier Drogba and Cafu, FIFA Legend, Verónica "Vero" Boquete, Netherlands football star, Kirsten van de Ven, as well as other stars from the worlds of sports and entertainment such as Special Olympics Global Ambassador Nicole Scherzinger, Special Olympics Board of Directors member, Natalia Vodianova and WWE Superstar Finn Bálor. These stars and others—as well as Special Olympics athletes—had the chance to show off their football skills in a special campaign video aimed at encouraging women and girls to get involved in the Beautiful Game! This video as well as other campaign highlights will make a splash across social media in the 20 campaign countries between 25 May and 2 June 2019.

View the full news item

World Health Organization (14 May 2019)
New WHO guidelines promote healthy lifestyle to reduce risk of dementia

New WHO guidelines released on 14 May 2019 advocate physical activity and a healthy lifestyle as important strategies to prevent dementia. “Unfortunately, many people with dementia are diagnosed too late, and treatment options are then less effective. Since dementia remains a condition without a cure, early detection, treatment, care and support are key in terms of an effective public health response. Risk reduction strategies, such as pursuing a healthy lifestyle through regular exercise and by not smoking, are also very important,” comments Bente Mikkelsen, Director of the Division of Noncommunicable Diseases and Promoting Health through the Life-course, WHO/Europe.

Used as an umbrella term for a range of symptoms caused by a disease or other brain injuries, dementia leads to a gradual decline in intellectual functioning – affecting a person’s memory, cognitive capacities and ability to engage in daily activities.

In the words of Dr Daniel Chisholm, Programme Manager for Mental Health at WHO/Europe, “the new guidelines show that we need to act on the behaviours that increase the risk of dementia such as smoking, physical inactivity and unhealthy diet, in the same way we do for diseases like cancer, diabetes and stroke”.

View the full news item
UEFA (17 May 2019)

Time for Action: first ever UEFA women's football strategy launched

UEFA has launched a dedicated women's football strategy for the first time, aiming to double the number of female players in Europe by 2024.

For the first time in its history, UEFA has launched a dedicated women's football strategy. It commits UEFA to a five-year strategic framework with the aim of supporting, guiding and lifting both women’s football and the position of women in football across Europe.

Time for Action: UEFA Women's Football Strategy 2019–24 (43 pages) will focus on building the foundations within UEFA and its member associations to give European women's football the best possible platform to thrive. UEFA will invest in programmes and initiatives to support a balanced delivery of this plan from grassroots to elite levels.

The UEFA women's football strategy aims to reach the following goals by 2024:

- Double the number of women and girls playing football in UEFA's member associations to 2.5 million
- Change the perceptions of women's football across Europe
- Double the reach and value of the UEFA Women's EURO and the UEFA Women's Champions League
- Improve player standards by reaching standard agreements for national team players and putting safeguarding policies in place in all 55 member associations
- Double female representation on all UEFA bodies

View the full news item

Inside the games reports (21 May 2019)

World Rugby launches landmark initiative to revolutionise women’s game

World Rugby has today launched a landmark initiative aimed at revolutionising and generating exposure for the women’s game worldwide and inspiring participation.

The campaign focuses on the concept that when a person chooses to start playing rugby, it is not just the game and their team-mates that change their life but also the values of the sport.

World Rugby wants to communicate to every female across the globe that taking up the sport has the power to make them "Unstoppable".

Among the other themes of the campaign is that "the passion and discipline that rugby teaches you on the field will help and strengthen you off it" and that "the lines you break through on the pitch will help you overcome obstacles in life".

View the full news item

Inside the games reports (23 May 2019)

IOC member Leeswadtrakul elected Deputy President of Badminton World Federation

International Olympic Committee (IOC) member Khunying Patama Leeswadtrakul of Thailand has been elected Deputy President of the Badminton World Federation (BWF).

Leeswadtrakul, a BWF Executive Board member who was elected to the IOC in 2017, secured a majority victory over sole challenger Zhang Jun, the Chinese Badminton Association President and double Olympic gold medallist.

View the full news item
Inside the games reports (23 May 2019)
FIH creates Women in Sports Committee
The International Hockey Federation (FIH) is set to form a Women in Sports Committee as part of its #EquallyAmazing strategy promoting gender equality.

The Committee will raise awareness about gender equality, inclusion and promote diversity in sports practice and governance.

Four strategic priorities have been defined for the Committee.

These include developing and implementing an FIH Women in Sport strategy, as well as overseeing gender equality in the Executive Board and recommending changes.

The Committee will also establish contacts with the people responsible for women's hockey in each national association, and cooperate with other International Federations.

FIH Executive Board member and European Hockey Federation President Marijke Fleuren of the Netherlands will chair the Committee. Fleuren is also a member of the International Olympic Committee Women in Sport Commission.

New York Times (24 May 2019)
Nike says it will end financial penalties for pregnant athletes
Responding to criticism about its treatment of its sponsored athletes who become pregnant, the sportswear giant Nike committed on Friday to ensuring that such athletes are not financially penalized.

Nike said it would waive performance-pay reductions for 12 months for athletes “who decide to have a baby,” promising to add terms that reinforce this policy into the company’s contracts with sponsored athletes.

In articles and videos for The New York Times opinion department over the past two weeks, current and former Nike-sponsored runners such as Alysia Montaño, Kara Goucher, Phoebe Wright and Allyson Felix recalled tough decisions they had to make when considering whether to have children and described financial penalties that Nike athletes faced if they became pregnant. (The Times maintains a strict separation between news coverage and opinion pieces.)

Publications.....

The relevance of sexual orientation and gender identity in sport in Europe: findings from The Outsport Survey. Outsport et al, May 2019 (40 pages)
More than 5,500 lesbian, gay, bisexual, transgender and intersex (LGBTI) people from all 28 EU countries completed the online survey created by the Institute of Sociology and Gender Studies of the German Sport University Cologne within the framework of the Erasmus + Outsport project. The age of the participants is between 16 and 78 years and 27 years on average.

Some of the key results of the study are:
- Almost 90% consider homophobia and particularly transphobia in sport a current problem.
- 20% refrain from participating in a sport of interest due to their sexual orientation and/or gender identity. This is most frequently the case for trans people (54%) and refers predominantly to football/soccer, dancing, swimming, and boxing.

- About one third of respondents who are active in sports have not revealed their sexual orientation or gender identity respectively to anybody in the sporting environment. This percentage is higher in Italy (41%) and Hungary (45%).

- 16% of respondents who are currently active in any sports have had at least one direct negative personal experience in the last 12 months that was related to their sexual orientation or gender identity. The share is higher among trans people – especially among trans women (46%).

- Of those with negative experiences, verbal insults (82%) and structural discrimination (i.e. unequal opportunities) (75%) are the most common forms of homo-/transphobic incidents that were indicated. Verbal threats (44%), e-bullying (40%), physically “crossing the line” (i.e. being shoved and/or pushed) (36%) and physical violence (20%) are also common experiences.

- More than a third of respondents do not know an organisation or individual to contact in instances of being discriminated against in a sports context.

- The three actions that are most often supposed by respondents to be helpful to tackle homo-/transphobic discrimination in the field of sport: (a) famous sports stars coming out, (b) high profile anti-homophobia/transphobia campaigns and (c) diversity trainings.

Download a copy

Guidelines on physical activity, sedentary behaviour and sleep for children under 5 years of age. World Health Organization, [April] 2019 (36 pages)
The overall goals of these guidelines are to provide recommendations on the amount of time in a 24-hour day that young children, under 5 years of age, should spend being physically active or sleeping for their health and wellbeing, and the maximum recommended time these children should spend on screen-based sedentary activities or time restrained. By providing this guidance, the recommendations fill a gap in the WHO recommendations on physical activity, as children under 5 years of age were not included in the Global recommendations on physical activity for health in 2010 and will also contribute to the implementation of the recommendations of the Commission on Ending Childhood Obesity and the Global Action Plan on Physical Activity 2018-2030.

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Editor - the abstracts from the articles in this current edition to be placed on their website are now available.

View the abstracts

Specific countries

ARGENTINA

Inside the games reports (1 May 2019)
Argentine Olympic Committee holds year’s first women in sport commission meeting
The Argentine Olympic Committee’s (COA) women in sport commission has held its first meeting of the year.

It was led by COA vice president Alicia Masoni de Morea, COA general secretary Mario Moccia and President Patricia Sangenis.
Representatives from various national sports federations and associations were also in attendance.

The commission's main objective is to create a similar women's group within each sport.

Boxing, water skiing, golf, karate, netball, taekwondo, yoga and tennis presented constitutions for their new commissions.

"Today we present the new commissions for women in sport, which is a pride, a great job, and we are going for more," said Sangenis.

"We want each sport to have its commission.

"So we are going to make this network grow, incorporate more members to our commission and reach the whole country, not just Buenos Aires."

AUSTRALIA

Sport Australia (30 April 2019)

**Australia’s top 20 sports and physical activities revealed**

Walking ranks No 1, but we still need to step up our activity levels. Sport Australia CEO Kate Palmer says it’s encouraging to see a gradual increase in physical activity levels of Australians, but warns it will require much more improvement and long-term behavioural change to combat Australia’s inactivity crisis.

Sport Australia has released the latest annual data from its [AusPlay survey](https://www.sport.gov.au/ausplay), Australia’s largest and most comprehensive sport and physical activity survey launched in late-2015.

For the first time, AusPlay has revealed Australia’s top 20 sports and physical activities along with [detailed ‘State of the Play’ reports on each](https://www.sport.gov.au/ausplay). Recreational activities like walking, fitness/gym, swimming, running and cycling top the list, with football at number six the most popular organised sport for Australian participants.

The first three years of AusPlay has recorded an increase in the overall number of Australians participating in sport and physical activity: 63.0 per cent of Australians interviewed in 2018 have participated in sport or physical activity at least three times per week compared to 59.9 per cent in 2016.

Inside the games reports (2 May 2019)

Boyle to be awarded Order of Merit at Australian Olympic Committee AGM

Former sprinter Raelene Boyle is to be presented with the Order of Merit, the Australian Olympic Committee's (AOC) highest honour, at its Annual General Meeting (AGM) in Sydney on Saturday (May 4).

The three-time Olympic silver medallist is set to be honoured alongside International Olympic Committee President Thomas Bach.

Boyle, who is now 67, finished second in the 200 metres at the 1968 Olympic Games in Mexico City.
Inside the games reports (13 May 2019)
Netball Australia to provide high-performance support to Pacific netball teams

Netball Australia will be supporting the high-performance needs of the Pacific's top netball teams as they prepare for the 2019 Netball World Cup and Pacific Games.

They will work with the Australia Pacific Sports Linkages Programme to assist Netball Samoa and Fiji Netball in their preparations for the World Cup in Liverpool, set to take place from July 12 to 21.

The Tonga Netball Association and Netball Papua New Guinea will receive support for the Samoa 2019 Pacific Games, also being held in July.

View the full news item

The New Daily (27 May 2019)
Teenage girls stop playing sport at 15, study shows

One in every two Australian girls are quitting sport by the age of 15, startling research on teenage participation in sport has found.

While earlier this month women’s AFL was celebrating kicking goals for female participation amid an explosion in women’s teams, a study released on Monday revealed there was still a long way to go to increase the number of girls getting active.

Suncorp’s 2019 Australian Youth Confidence Report uncovered the once-invisible cut-off age for teen girls playing sport: 15 to 17 years old.

Almost 50 per cent of females in their late teens were found to have moved away from their favourite sporting activities or “completely” stopped, compared to 30 per cent of the boys surveyed.

View the full news item

Women Sport Australia (30 May 2019)
Game-changing Tayla Harris AFLW photo wins Women in Sport Photo Action Award

The iconic photo of AFLW player Tayla Harris executing an airborne kick is the winner of the professional category in the inaugural Women in Sport Photo Action Awards - #WISPAA.

The photo taken by Victorian ALFW senior photographer Michael Willson, which became an influential image for change after being denigrated by online trolls, was a standout and memorable winner according to #WISPAA creator and judge Louise Evans.

“This image was chosen as the professional winner of the inaugural WISPAA Women in Sport Photo Action Awards because it perfectly captures the essence of women in sport performing at the highest level,” said Louise Evans, who is also the Communications Director for peak advocacy body Women Sport Australia.

“It takes you into the mindset of AFLW player Tayla Harris and on a journey of skill, athleticism, power and determination. It captures that sweet moment in sport when everything falls into place, when amid all the drama and noise an athlete executes the perfect play. It’s beautiful, inspirational and a memorable winner.”

View the full news item
Ministry of Science and Sport, Canada (1 May 2019)

A First in Canada: Research Hub to Work Toward Gender Equity in All Levels of Sport

To create an environment where girls and women feel comfortable engaging in sport at all ages and all levels, we need to understand why they are discouraged from participating in sport or move into the senior coaching, management or leadership ranks in sport.

The Government of Canada is taking concrete steps to achieve gender equity in sport and ensure that girls and women have equal opportunities to follow their dreams and fulfil their potential.

Today, the Honourable Kirsty Duncan, Minister of Science and Sport, announced $2.6 million in funding to design, create and implement a gender equity research hub to support applied research in sport.

This Gender Equity in Sport Research Hub will:

- collect relevant research and create a national database;
- design and build a centralized reporting and auditing tool for tracking participation of girls and women in sport;
- collect and refine core program and policy indicators to monitor and evaluate policies and programs addressing the participation of girls and women in sport; and
- work with the Sport Information Resource Centre (SIRC) to create communications tools and resources to share findings.

Safe Sport: Gender Equity Announcement

From: Canadian Heritage
Speech: Speaking Notes: The Honourable Kirsty Duncan, Minister of Science and Sport, Canadian Government
Toronto Ontario, May 21, 2019 1:30 p.m.

Good afternoon everyone.

Thank you John [John Oliver, Member of Parliament for Oakville] for those kind words.

I would like to acknowledge that we are gathered on the traditional territory of the Attawandaron, Anishnaabeg, and Haudenosaunee Peoples.

And a special thank you to the Toronto Rock Athletic Centre for hosting us today.

I love sport.

Sport provides so many benefits – better health, reduced stress, new connections, leadership skills and life lessons, how to set goals and achieve them, how to overcome challenges and how to work together.

Everyone deserves the opportunity to benefit from sport.

Since being appointed Minister of Sport, I’ve been working hard to ensure that women and girls are welcome—and can thrive—in sport, from the playground to the podium.
That is why we have put in place new measures to make sport safer and more inclusive.

It is important that we recognize just how much change we’re making by working together to create a systemic change in sport.

This past year we:

- announced tough new measures for federally-funded sport organizations and made it clear we would withhold funding if they did not put in place these specific measures to foster healthy and safe sport environments;
- signed the Red Deer Declaration in collaboration with the provinces and territories, committing to the elimination of abuse, discrimination and harassment in sport;
- announced the creation of a third-party Investigation Unit through the established Sport Dispute Resolution Centre of Canada;
- launched the Canadian Sport Helpline;
- established a federal Gender Equity Secretariat and announced funding support to design, create and implement a gender equity research hub;
- announced the development of a model Code of Conduct for sport in Canada to end abuse, discrimination and harassment in sport; and
- announced $3 million in funding to the Canadian Association for the Advancement of Women and Sport and Physical Activity (CAAWS) to increase participation of women and girls in sport as athletes and leaders.

View the full transcript of the speech

EGYPT

Africa News (13 May 2019)

U.S. Women Soccer Stars Lead Coaching Workshop for Egyptian Players and Coaches

U.S. Women’s Soccer stars Linda Hamilton and Tiffany Marie Roberts will lead a coaching workshop for female players and their coaches from the Egyptian women’s Premiere League teams, May 12-16. Hamilton and Roberts are joined by retired U.S. Men’s soccer star Jeffery Alan Agoos. The three Americans are visiting Egypt as part of the U.S. Department of State’s Sports Envoys program, in partnership with the Ministry of Youth and Sports.

The workshop will focus on the important role coaches have in empowering young women on and off the field, and will offer an opportunity for the American and Egyptian participants to exchange ideas on the latest techniques in soccer coaching. To demonstrate and enhance the coaching skills being taught at the workshops, the participating teams will play mini-matches throughout the week and will conclude with a final tournament on May 16 at the Gezira Youth Center.

View the full news item

HUNGARY

Inside the games reports (7 May 2019)

Hungarian Olympic Committee President says increasing presence of women in coaching and sports leadership is “concrete goal”

A conference on the role of women in sport has been told by Krisztián Kulcsár, President of the Hungarian Olympic Committee (MOB), that strengthening the presence of women in coaching and sports leadership is a "concrete goal" within his organisation.
The event in the Centre for Hungarian Sport - jointly held by the Association of Hungarian Coaches and the MOB's Women in Sport Committee - was told by the former world fencing champion that the organisation gives major roles to all its committees.

"We have Board of Directors members responsible for liaison, working closely with these committees - I oversee this task for the Women’s Committee, for example," he said.

"A concrete goal for the committee is to strengthen the presence of women in coaching and sports leadership, not only in the Hungarian Olympic Committee but in member committees under our aegis."

Kulcsár cited the two women occupying the presidency of International Federations, namely Kate Caithness of World Curling and Marisol Casado of the International Triathlon Union.

He also cited Hungary’s Secretary of State for Sport, former Olympic swimming silver medallist Tünde Szabó, who was in attendance, alongside World Rowing Federation Board member Eva Szanto and leading media representative Ildikó Kolozsi.

SOUTH AFRICA

Inside the games reports (13 May 2019)

Athletics South Africa to appeal Semenya testosterone ruling

Athletics South Africa (ASA) will lodge an appeal against the Court of Arbitration for Sport’s (CAS) decision to rule in favour of the International Association of Athletics Federations (IAAF) in its landmark legal case against Caster Semenya, it has been claimed.

The CAS decision means Semenya and other affected athletes will have to take medication to reduce their testosterone if they want to continue running on the world stage at events between 400 metres and a mile.

Semenya, a two-time Olympic and triple world champion over 800m, had been hoping to overcome the regulations.

The legal team of the 28-year-old had argued the testosterone in her body was naturally occurring and so to ban her would be unfair.

A spokesman for Sport and Recreation South Africa, Vuyo Mhaga, told Agence France-Presse (AFP) an appeal would be filed by the ASA at the Swiss Federal Tribunal.

SPAIN

YO SÍ INCORPORO LA PERSPECTIVA DE GÉNERO EN LAS CIENCIAS DE LA ACTIVIDAD FÍSICA Y DEL DEPORTE

A brief description of the document in English:

A publication of the Official College of Professionals Of Physical Activity And Sport Of Catalonia, whose authors are three professors of the INEFQ (degree studies of Physical Activity and Sports Science of Catalonia). The publication is a Decalogue of how the gender perspective can be included in the degree studies of Physical Activity and Sports Sciences.
The Decalogue consists of the following points:

- Implication in the Transformation of the Center
- Curriculum of the Subjects of the Degree and Master’s Degree
- Teaching Materials: Visual Language
- The Verbal and Written Language
- Female References
- The Method of Work and the Dynamics of the Group
- Criticism and Prevention before the Idealization of the Body
- Final Degree Project, Master’s Final Project, Practicum
- Research and Transfer to Society
- Scientific Knowledge
- Gender Commitment

UNITED ARAB EMIRATES

Inside the games reports (2 May 2019)

UAE Higher Education Sports Federation aims to promote female participation in sport

United Arab Emirates (UAE) Higher Education Sports Federation (HESF) President Hamad Karam Al Kaabi wants the organisation to highlight Emirati female role models to encourage more women to participate in sport.

Al Kaabi spoke to International University Sport Federation (FISU) student ambassador Nouf Al Katheeri about HESF’s vision, goals and strategies.

Within this was a discussion about how the organisation encourages women to play sport.

As well as highlighting role models, HESF is set to carry out a study of female participation, particularly looking at the hindrances women may encounter.

Al Kaabi claimed HESF had started organising regional championships for women and were hoping to organise international ones as well.

View the full news item

UK

Women in Sport (30 April 2019)

Reframing Sport for Teenage Girls: Building Strong Foundations for their Futures

New research released today from leading UK charity Women in Sport puts the spotlight on teenage girls and asks sports organisations to help in preventing girls from dropping out of sport and physical activity in their teenage years.

As girls go through their teenage years, habits and attitudes are formed which have a critical impact on their future engagement in sport and physical activity. Barriers to exercise created at this age can end up inhibiting participation throughout their life, with girls missing out on the lifelong benefits of sport. Shockingly, studies have shown that teenage girls are significantly less active than teenage boys, with only 10% of girls aged 13-16 meeting the recommended daily guidelines of 60 minutes of physical activity per day (Sport England, 2018).

Women in Sport launched this new approach to sport and physical activity at an event held at the AKQA Farringdon offices in London today. The charity was joined by a panel of experts to discuss the research, including Emily Matheson (Research Fellow at the Centre for Appearance Research), Mel Bound (founder of the award winning This Mum Runs), Wendy...
Taylor (Development Manager at Girls Active) and Kate Dale (This Girl Can Digital Strategy and Brand Manager), as well as social media influencer and plus-size model Sophia Tassew.

The ‘Reframing Sport for Teenage Girls’ report shares Women in Sport’s Eight Principles of Success that were identified as key in developing initiatives that engage girls. The research highlights the need to reframe sport in the mind of girls as something that inspires and motivates, redefine their experience as broader and better than previously, and reinforce the enjoyment of physical activity and sport and how it adds real value to their lives.

The Eight Principles of Success

- No judgement – take the pressure off performance and give girls the freedom to play
- Invoke excitement – bring a sense of adventure and discovery to sport
- Give purpose and value – reframe achievement as ‘moments of pride’ not just winning
- Open their eyes – redefine sport as more than just PE at school
- Build into existing habits – tap into behaviours in other spheres of girls’ lives
- Give girls a voice – allow girls the choice and control to feel empowered
- Champion what’s in it for them – sport is about more than just health
- Expand the image of what is ‘sporty’ – create relatable role models which inspire girls

View the full news item

Reframing sport for teenage girls: Building strong foundations for their futures. Women in Sport, April 2019 (29 pages)

Our latest insight puts the spotlight on the wider world of teenage girls. We have put them at the heart of this research, through online ethnographic work, co-creation sessions and discussions, letting them lead our understanding. We also reviewed over 30 reports, shared knowledge and developed thinking together with 25 other organisations both from inside and outside the sports sector. This has helped us to start the journey of reframing how sport and physical activity can have both relevance and appeal during this time.

Progress to get more girls physically active has been slow and women in sport want to be the driving force to change the landscape for girls. Through this work we look to inspire others to think differently about girls so that as a sector, we can work better together to address the challenge of girls disengaging with sport. We believe that by reframing sport for girls, we can help them build strong foundations to become healthy, happy, active women of the future.

Download a copy

Note: We have created a Reframing Sport for Teenage Girls Toolkit here, to support organisations in their understanding of teenage girls and to apply the 8 Principles of Success in practice.

Access infographics from the report here

Sported (2 May 2019)

Nicola Walker named new Sported CEO

Sport for Development charity Sported is delighted to announce the appointment of Nicola Walker as its new Chief Executive. She takes over from Chris Grant who stepped down last year.

Walker brings a strong commercial focus having spent most of her career in the development of consumer-driven products and services. Prior to joining Sported, Walker was Chief Commercial Officer at data-tech company InfoSum and was previously VP of Global Product
Strategy at coalition loyalty company Aimia. She was a founding director of Nectar and has held senior operational roles developing Tesco Clubcard and Avios.

View the full news item

Inside the games reports (3 May 2019)
UKAD’s Hudson appointed director of education at World Anti-Doping Agency
Britain’s Amanda Hudson has been appointed director of education at the World Anti-Doping Agency (WADA).

Hudson joins the global anti-doping watchdog from UK Anti-Doping (UKAD), where she is head of education and athlete support.

WADA said she would begin her new position on August 5.

Hudson, who has been involved with UKAD since 2010, will be tasked with leading the "development and implementation of WADA’s education strategy, programmes and activities", according to WADA.

View the full news item

UK Sport (7 May 2019)
Sally Munday appointed new Chief Executive of UK Sport
Sally Munday MBE has today (Tuesday 7 May 2019) been appointed as the new Chief Executive Officer (CEO) of UK Sport, the nation’s high-performance sports agency. Sally joins from England and GB Hockey where she has been CEO for the past 10 years.

Sally has overseen a golden era for the sport of hockey, with highlights including the Team GB women securing their first ever Olympic title at the Rio 2016 Games, the men’s team finishing in fourth place at London 2012, their best Olympic Games finish in a quarter of a century, the successful hosting of the Women’s Hockey World Cup in London in 2018 and a huge increase in participation in the sport since London 2012.

View the full news item

Women in Sport
Deaf Awareness Week - 6 - 12 May
Women in Sport has teamed up with UK Deaf Sport to celebrate Deaf Awareness Week from 6 to 12 May. We’ll be sharing case studies from some of the sporting role models who are doing great work in their communities.

View the case studies

Women in Sport - E-Newsletter, May 2019 - available to view
University of Bath (13 May 2019)

Rethinking girls’ experiences of physical activity

Zoe Jeffery, PA to Professor Steve Egan and PhD student, is investigating how young girls can change their physical education experiences. Zoe is a PhD student in the Departments for Health and Computer Science, and is running a crowdfunding campaign to empower and help young girls to lead active and healthy lifestyles. Her research focuses on health inequity, particularly in terms of gender, and the barriers that girls face when learning to become active.

There is a significant gender gap in physical activity participation with boys tending to participate regularly in sports inside and outside of school, more so than girls. The project will explore girls' subjective experience of being active at school and will focus on the PE kit as a barrier and contributor of negative body perceptions. Investigations into alternative ways to engage girls in a school physical education class will be conducted using collaborative design methods and virtual reality gaming technology.

View the full news item

University College London (22 May 2019)

Testosterone levels an “arbitrary” criteria for ruling on sport fairness

Dr Gerard Conway (UCL Institute for Women’s Health) explains why athletes’ levels of the hormone testosterone have become the standard marker that sport governing bodies use to decide who can and cannot compete in different events.

Listen: BBC R4, 'Inside Science Shorts'

Source of information

Publications of interest......


The Report finds evidence that:

- Reoffending rates can be reduced through access to sport or cultural programmes
- Involvement in the arts and sports provides a constructive influence on young people with positive role models
- Despite a link between sporting participation and educational attainment, sport ‘dropping off’ the agenda within education
- Arts subjects downgraded in schools

The social impact of participation in culture and sport inquiry focussed on specific evidence in tackling long-standing social problems. MPs support calls for sport to be given a higher profile across all government departments to maximise social impact.

Download a copy

View the news item on release of the report (14 May 2019)

Sport for life: A vision for sport in Scotland. sportscotland, May 2019 (16 pages)

Our vision is for an active Scotland where everyone benefits from sport. In an active Scotland we will all find ways to be physically active every day. Keeping moving at home and at work. Taking an active approach to getting around. Choosing to be active in our leisure time. More of us will take part in sport because we see it being relevant to our lives. Being involved in
ways that suit us. Meeting fewer barriers. Feeling more included. We will all experience more of the benefits of sport. For some of us, by taking part. For others, through our communities.

Download a copy

Statistics on Obesity, Physical Activity and Diet 2019. NHS Digital, 8 May 2019
Part 5: Physical activity
Adult physical activity
Walking and cycling activity
Childhood physical activity
View all the data on-line

USA

Beyond Sport reports (10 May 2019)
USWNT Players’ Association & Everfi launch the “Compassion Project”
The U.S. Women’s National Team Players Association (USWNTPA) and social impact education innovator EVERFI this week joined the students of Santee Elementary School in San Jose, California to launch The Compassion Project for the 2019-2020 school year.

An online course for elementary school students, The Compassion Project introduces the basics of compassion education to build student’s confidence, mastery and excitement around compassion and related social and emotional topics. This new initiative will be free for schools in select markets as part of an initial Fall 2019 launch phase.

The USWNTPA believes in advancing skills that lead to good character both on and off the field. Whether standing up for diversity, women’s rights, LGBTQ issues or equal pay, the players have a track record of being socially aware and active in the community.

View the full news item

Inside the games reports (19 May 2019)
USA Powerlifting vote to keep ban on female transgender athletes
USA Powerlifting has rejected a proposal to lift its ban on female transgender athletes.

A motion brought forward by the Pull for Pride group and the Women's Strength Coalition was defeated by 46 votes to four, with one abstention.

Despite the defeat, Pull for Pride said its battle for trans-inclusion "was not over".

They also accused USA Powerlifting of a "gross misunderstanding of transgender people, healthcare and wellbeing".

"The proposal would have repealed the current ban and replaced it with a trans inclusive and affirming policy, allowing trans athletes to compete consistent with their gender identity," Pull for Pride said in a statement on Instagram.
The group further alleged that USA Powerlifting "dead-named" – the art of referring to someone by a pre-transition name – powerlifter Mary Gregory.

Gregory was reportedly stripped of trophies by the 100 Per Cent Raw Powerlifting Federation and described as "actually a male" after a urine test was observed.

USA Powerlifting has claimed its rules are in place to ensure a level playing field.

View the full news item